

Curb Appeal: Optimizing Personal Communication in a Professional Setting

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Non-Verbal Communication

- Face to face
- Meaning expressed without language

Significance of Non-Verbal

- ♦ 60-90% of face-to-face communication is nonverbal
- Rather than communicating specific information, nonverbal...
 - Focuses on feelings
 - Signals state of relationships

Types of Non-Verbal Communication

- 1. Facial Expressions/Body Language
- 2. Proximity Use of space
- Touch/tactile communication
- 4. Time Controlling "when"
- 5. Objectics clothing, jewelry
- 6. Physical appearance
- 7. Paralinguistics Vocal cues
- 8. Silence

Curb Appeal Don'ts

- Don't have your nonverbal communication be inconsistent with verbal
- 2. Don't tune out the feedback loop
- 3. Don't be totally focused on yourself! What you need to say is not necessarily what they want/need to hear

Improving Your Curb Appeal

- 1. Identify your goals in interpersonal interactions and prepare accordingly
- 2. Keep in mind the context of your interaction
- 3. Focus on the receiver rather than your transmission
- 4. Consider the verbal/nonverbal overall package—how do all your communication channels intersect?